

# Employee Assistance Program

**888.628.4824**

Employees and their loved ones have access to a range of professional and confidential services through the Employee Assistance Program (EAP). Depending on the service, they are available in-person, telephonically and/or online. All services below can be accessed by calling **888.628.4824**.

## Counseling Sessions

Receive counseling support from mental health professionals on a variety of topics, including, but not limited to marital and family problems; addiction; stress/anger; life transitions; and anxiety and depression.

- **Unlimited 24/7 telephonic counseling support (888.628.4824)**
- Five face to face sessions per issue per year are covered

## Legal Support

Receive a free 30-minute legal consultation for areas such as estate planning, leases, powers of attorney, divorce and family law, debt and bankruptcy, and more. Their team of attorneys can answer questions, provide guidance on next steps, and make a referral to a local attorney with a 25% discount off normal fees, if needed.

## Financial Counseling

Receive free and unlimited access to Certified Financial Planners and Certified Public Accountants who can answer questions and provide guidance. If additional services are needed, the EAP can make a referral to someone either local to you or close to your parents.

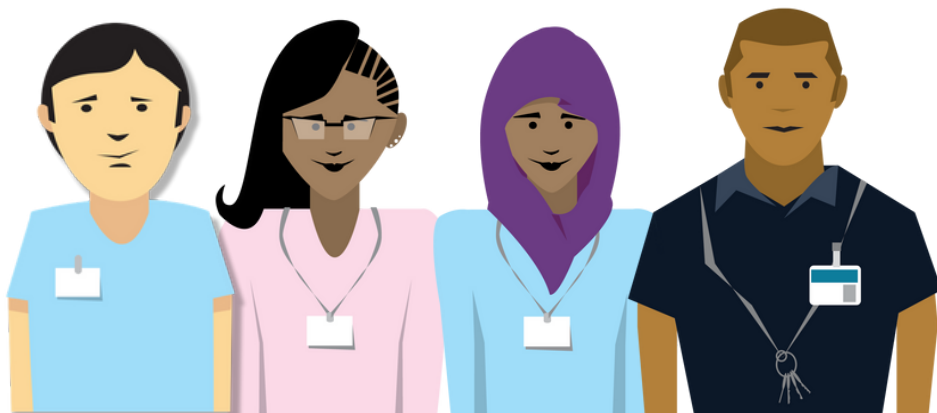
## Online Support

Access support, resources, articles and information 24/7 to help you with all of life's challenges.

**888.628.4824**

**[www.guidanceresources.com](http://www.guidanceresources.com)**

(Username: LFGSupport, Password: LFGSupport1)



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